



Balancing Cost and Quality for Value

The push to improve healthcare quality has, over the years, resulted in the development of hundreds of measures to help providers and purchasers assess their performance. These measures have driven remarkable results in both hospital and outpatient settings—from reductions in hospital-acquired infections and readmissions to better care for patients with chronic diseases and more. But improved quality of care does not necessarily indicate greater value.

Related Information

[Total Cost of Care Measure](#)

[HealthPartners TCOC Overview](#)

[Best Care at Lower Cost: The Path to Continuously Learning Health Care in America](#)

The Institute of Medicine noted in its September 2012 report, [Best Care at Lower Cost: The Path to Continuously Learning Health Care in America](#), that about one-third of health spending is wasted on unnecessary services, fraud, and other problems. In light of these findings and ever-rising healthcare costs, determining a means to assess value—the intersection of cost and quality—has never been more important.

Coupled with quality measures, an NQF-endorsed measurement approach is helping to do just that. Endorsed by NQF in January 2012, HealthPartners' Total Cost of Care measure considers both the cost of care provided to a patient and the resources used in providing that care. The measure accounts for costs both in and out of the hospital setting, from surgical procedures to

pharmacy services and durable medical equipment.

The methodology was used to help compare costs from more than 1.5 million patients in a recent report from MN Community Measurement (MNCM), a Minnesota nonprofit that aims

to improve health by publicly reporting healthcare information. The report shares information from 115 medical groups representing 1,052 clinics across the state and neighboring communities, using 2013 claims data from the four health plans in Minnesota with the largest commercially insured populations. It found that the average monthly cost of medical care per patient was \$435, and that a reduction in the average per patient cost of just \$12 per month could save Minnesotans \$750 million in healthcare costs annually.

“We were able to show that there is indeed variation in cost of care across the population, and this information will benefit both providers and consumers,” said MNMCM President James Chase. Physician groups can use the total cost of care information in the MNMCM report to see how they compare with each other. Consumers, meanwhile, may find that the information helps them make informed decisions about, for example, purchasing insurance policies that may have higher premiums if they cover care by higher cost providers.

MNMCM now is working on a paired measure to tease out resource use from the total cost of care.

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